Cyber Academy

ENCORE Classes Journal

Student Name: _____

Grade: _____ School Year: _____

Requirements for each Nine Weeks:

Minimum 5 Hours of Music

Minimum 5 Hours of Art

Minimum 10 Hours of Physical Education

Minimum 5 Hours of Library

Students have various options when meeting the requirements for the special areas they may miss during a brick and mortar school day. Using the attached journal, you will provide a summary and reflection for each activity completed. Each experience must also include a signature verifying your attendance.

Examples of acceptable completion of the **music** requirements would include, but are not limited to:

- Participating in music lessons (vocal or instrumental)
- Use iPad app to create original songs
- Attending the Pittsburgh Symphony or musical performance

Examples of acceptable completion of the **art** requirements would include, but are not limited to:

- Submitting/participating in an art contest
- Visiting local art venues, galleries, or museums
- Creating your own piece of Art work at an Art Studio such as Paint Monkey or Bottlebrush or at home after researching something of interest

Examples of acceptable completion of the **physical education** requirements would include, but are not limited to:

- Participation in an organized sports activity
- Exercising at the YMCA or Oxford Club with a plan / purpose
- Enjoying leisurely but active family activities

Examples of acceptable completion of the **library** requirements would include, but are not limited to: • Checking out a library book and providing a brief reflection on what you read
• Participation in a public library program

Student's art, music, P.E., and library reflection journals and verified signature logs must be submitted to your teacher as close to the end of the nine weeks as possible. This provides adequate verification and grading time for the student report card.

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